1. Verbal bullying including derogatory comments and bad names  
2. Bullying through social exclusion or isolation  
3. Physical bullying such as hitting, kicking, shoving, and spitting  
4. Bullying through lies and false rumors  
5. Having money or other things taken or damaged by students who bully  
6. Being threatened or being forced to do things by students who bully  
7. Racial bullying  
8. Sexual bullying  
9. Cyber bullying (via cell phone or Gmail

## I was playing soccer with my friends when I SAW A KID GETTING BULLIED AND I JUST stayed THERE With MY FRIENDS. THE NEXT DAY WE PROTECTED THE KID. THE BULLY NEVER BULLYED AGAIN. THEN THE NEXT DAY I FOUND OUT THAT IT WAS MY FREND

### Understanding the Bystander Effect

‘’The Bystander Effect, when people see a problem and do nothing, can happen in any community. People of any age, culture, or income level sometimes freezes or reacts poorly because

* They don’t understand the reality of what is happening.
* They are afraid.
* They are in disbelief.
* They don’t know what to do.

The Bystander Effect was in effect on many levels leading up to this brutal assault.

* Adults knew that this courtyard was “notorious,” yet there was no supervision of the teens and young adults gathered there and no supervision of young people leaving the dance.
* Even though girls were being sexually harassed at the high school on a regular basis, this behavior was being tolerated rather than being addressed in a forceful, effective, and sustained fashion.
* Young people had not been taught the skills they need to prevent and stop an assault, including how to break out of denial, overcome feelings of discomfort, and get help if they see an attack taking place.’’

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